

# May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
29	30	<b>1</b> Volunteer to tutor local students	<b>2</b> Share this Random Acts of Civility Calendar	<b>3</b> Donate blood	<b>4</b> Enjoy gazing at the stars with a friend or child	<b>5</b> Invite your neighbors over for ice cream floats or mint juleps	
<b>6</b> Be kind to yourself - take time to play	<b>7</b> Bury a fun "treasure" in a neighborhood sandbox	<b>8</b> Volunteer to take care of a friend or neighbor's friend while they're on vacation	<b>9</b> Write uplifting chalk messages on the sidewalk	<b>10</b> Hide a positive message inside the next library book you return	<b>11</b> Take treats to your local fire station	<b>12</b> Adopt a shelter of rescue animal	
<b>13</b> Be kind to yourself - write down three things you learned from your mother	<b>14</b> Learn CPR - you never know when someone might need it	<b>15</b> Write uplifting chalk messages on the sidewalk	<b>16</b> Call a friend you haven't spoken to in a while	<b>17</b> Create a holiday to celebrate someone you love	<b>18</b> Celebrate Bike to Work Day	<b>19</b> Volunteer at a homeless shelter	
<b>20</b> Be kind to yourself - go to a movie (and buy a ticket for the person behind you)	<b>21</b> Offer a cold drink to the trash collector or mail carrier	<b>22</b> Take treats to your County Assessor's office	<b>23</b> Write a thank you note to a teacher	<b>24</b> Donate clothes in good condition that your kids have outgrown	<b>25</b> Put change in a vending machine	<b>26</b> Pick up trash at the park	
<b>27</b> Be kind to yourself - take a nap	<b>28</b> Post positive message of love or support on post-it notes around town	<b>29</b> Plant a tree	<b>30</b> Check on a neighbor you haven't seen in a while	<b>31</b> Compliment someone to their supervisor	<b>1</b>	<b>2</b>	
<b>3</b>	<b>4</b>	Notes				 <p><b>UTAH</b> ASSOCIATION OF <b>COUNTIES</b> <i>The Unifying Voice for County Government</i></p>	